



Melaleuca Unit

Client Information: Sub-acute mental health care at Blacktown Hospital

The new Melaleuca sub-acute mental health unit at Blacktown Hospital provides a unique consumer-led model of supportive care and programs to help consumers integrate successfully back into everyday life.



The Melaleuca Unit is a new sub-acute mental health facility at Blacktown Hospital that provides unique consumer-led 'step-down' care for people with severe and debilitating mental illness.

Our unit is dedicated to improving people's health and quality of life by restoring independence, allowing people to live with as much comfort and dignity as possible, and reducing unnecessary hospitalisation.

Our services

The Melaleuca Unit provides sub-acute mental health care, or 'step down care'.

The Melaleuca Unit can help if you:

- Want to transition out of acute mental health care and return to the community
- Are living in the community or at home but need help with your health care and everyday tasks.

The unit is consumer-led, which means that you will be actively involved in planning your health care and rehabilitation.

You can also choose to include your carer when planning your programs and treatment.

A typical stay is four to six weeks.

As well as managing your medical needs, we offer services to help you with:

- Everyday home skills such as shopping, cooking, washing and cleaning
- Personal hygiene
- Managing your money and paying bills
- Applying for a job.

Our team

Our team includes doctors, nurses, allied health and support staff to help manage your medical needs and help you with life skills. We also offer education programs and support for carers.

Our facility

The Melaleuca Unit is located, on the Blacktown Hospital campus.

It is near but completely separate from the main hospital and Bungarribee House.

Our unit is designed to promote independence and self-responsibility, and to help you to reconnect with family, friends and the community.

It is a welcoming single-storey residential-style facility with:

- 20 inpatient beds with en suite facilities, writing desk and garden or courtyard views
- Activity, group and family rooms
- Quiet Room for respite
- Group rooms & family rooms

- Assisted Daily Living (ADL) Kitchen to help clients regain everyday skills.
- Pleasant internal courtyard and external landscaping.

Ask us about referral

If you would like to ask about coming to our unit, please contact us on 9851 6282 or visit our website.

Information for health professionals and carers

We accept referrals directly from health professionals and carers. If you would like to ask about services for a friend or family member, please contact us on 9851 6282 .

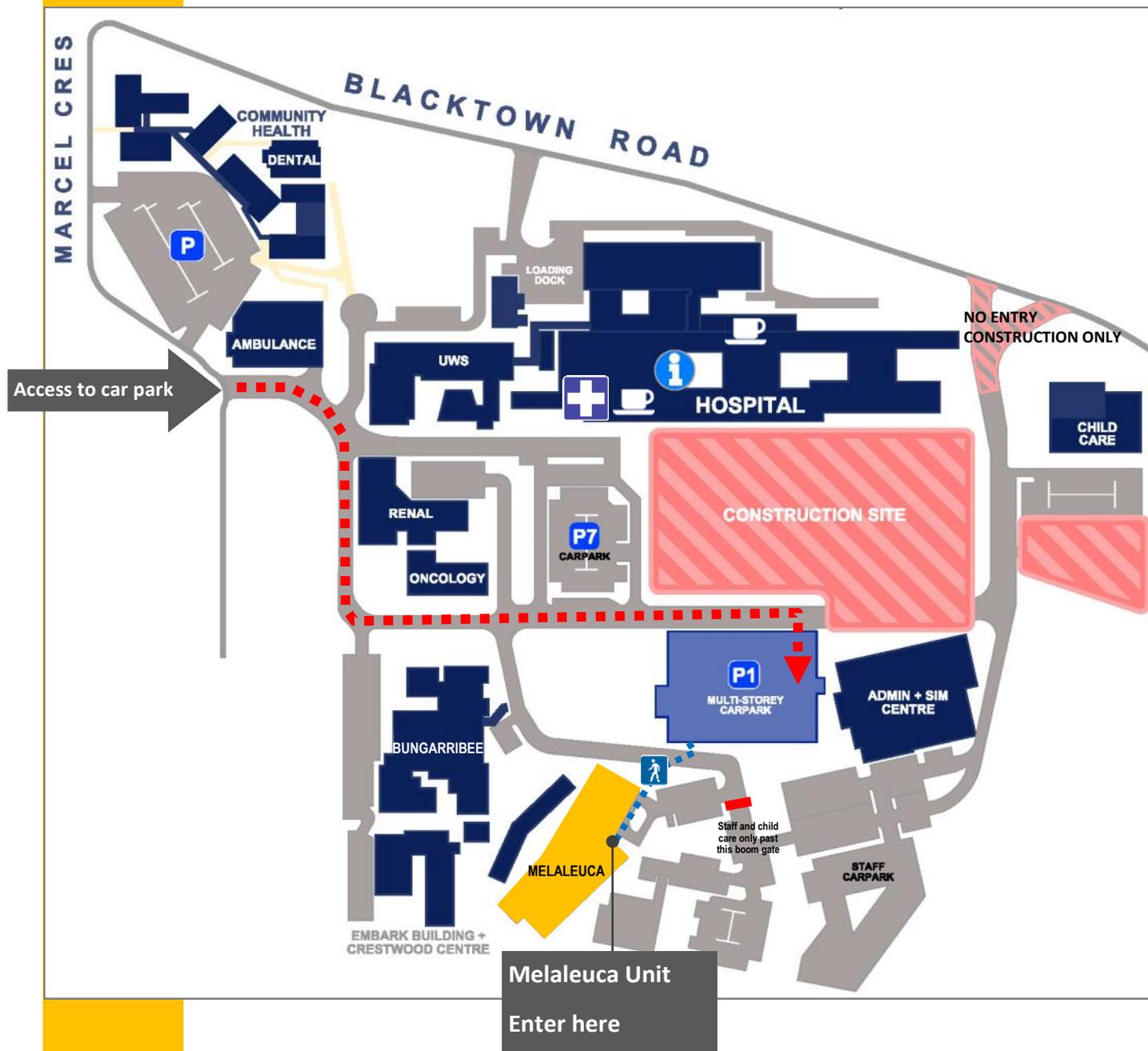
The name Melaleuca Unit was chosen by consumers and staff. The Melaleuca is a native tree known for its soothing and healing properties.





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How to get here

If you're visiting BMDH Blacktown campus (Blacktown Hospital), our new multi-storey car park is now open. Check entry signs for parking fees.

Disabled parking is available in all parking areas. For more information about disabled and concession parking, please visit the website.

Check local signs as some areas are designated for staff, child care, medical officers, patient transport and specific patient parking. Please do not park in these areas.

Our \$324 million expansion project is underway so please take extra care when walking or driving on campus.

For public transport information call 131 500.